

WASHINGTON
**Medical
Commission**

Licensing. Accountability. Leadership.



Regular Meeting
July 8-9, 2021



2021 Meeting Schedule



WASHINGTON
**Medical
Commission**
Licensing. Accountability. Leadership.

The meeting dates for 2021 have been approved. Due to the COVID-19 event, these meetings may be done virtually instead of in person. Updates to the meeting locations will be made available via our GovDelivery and our Event Calendar at <https://wmc.wa.gov/calendar>.

Dates	Location	Meeting Type
January 14-15	Virtual	Regular Meeting
March 4-5	Virtual	Regular Meeting
April 8-9	Virtual	Regular Meeting
May 13-14	Virtual	Regular Meeting
July 8-9	Virtual	Regular Meeting
August 19-20	Virtual	Regular Meeting
Sept 30-Oct 2	Virtual	Educational Conference
November 18-19	TENTATIVE Capital Event Center (ESD 113) 6005 Tyee Drive SW Tumwater, WA 98512	Regular Meeting

2022 Meeting Schedule



WASHINGTON
Medical
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Licensing. Accountability. Leadership.

Dates	Location	Meeting Type
January 13-14	TBD	Regular Meeting
March 3-4	TBD	Regular Meeting
April 14-15	TBD	Regular Meeting
May 26-27	TBD	Regular Meeting
July 7-8	TBD	Regular Meeting
August 25-26	TBD	Regular Meeting
October 6-8	TBD	Educational Conference
November 17-18	TBD	Regular Meeting

2023 Meeting Schedule



WASHINGTON
Medical
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Dates	Location	Meeting Type
January 12-13	TBD	Regular Meeting
March 2-3	TBD	Regular Meeting
April 13-14	TBD	Regular Meeting
May 25-26	TBD	Regular Meeting
July 6-7	TBD	Regular Meeting
August 24-25	TBD	Regular Meeting
October 5-7	TBD	Educational Conference
November 16-17	TBD	Regular Meeting

FORMAL HEARING SCHEDULE



WASHINGTON
Medical
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Licensing. Accountability. Leadership.

Hearing	Respondent	SPECIALTY	Case No.	Counsel	AAG	Staff Atty	PANEL	Presiding Officer	Location	Panel Composition (as of 6/29/21)
29-Jun										
2021 July <i>Commission Meeting 7/8/2021</i>										
21-23 Jul	JACKSON, George F., MD	BC- Psychiatry	M2019-365	James B. Meade, II	Brewer	Wolf	B	Blye	TBD	Hopkins; Lyle; Curtis; Rodgers PANEL COMPLETE - THANK YOU!
2021 August <i>Commission Meeting 8/19/2021</i>										
2-6 Aug	BRECHT, Kristine S., MD	BC - Family Medicine	M2019-94	Ketia B. Wick	Anderson	Wolf	B	Wareham	TBD	Golden; Hopkins; Blake PANEL COMPLETE - THANK YOU!
16-17 Aug	AFLATOONI, Alfred, MD	BC- Family Medicine	M2018-467	George Kargianis	Brewer	Wolf	A	Kuntz	TBD	
23-25 Aug	KIM, Jeong H., MD	BC- Internal Medicine	M2019-699	Jennifer M. Smitrovich	Bahm	Page Landstrom	A	Kavanaugh	TBD	Yu;
25-27 Aug	LEE, Gerald	BC- Anesthesiology	M2020-699	Pro Se	Bahm	Karinen	A	Kuntz	TBD	
<u>30 Aug - 2 Sept</u>	ANTOCI, Valentin, MD	Non-BC Self-Designated Orthopaedic Surgery	M2017-515	Pro Se	Defreyn	Page Landstrom	A	Kuntz	TBD	Blake; Yu; Golden PANEL COMPLETE - THANK YOU!
2021 September <i>Commission meeting 9/30/2021</i>										
8-Sep	BEVERLY, James M., PA	Phys. Asst.	M2019-482	Pro Se	Brewer	Berg	L	Donlin	TBD	
20-23 Sept	ATTEBERRY, Dave S., MD	Non-BC Self-designated Neurological Surgery	M2015-1151 M2020-804	Stephen M. Lamberson	Defreyn	Karinen	A	Kavanaugh	TBD	
2021 October <i>NO COMMISSION MEETING THIS MONTH</i>										
14-15 Oct	JUTLA, Rajninder K., MD	BC- Anesthesiology & Pain Medicine	M2021-178	Pro Se	Brewer	Glein	A	Kuntz	TBD	
25-26 Oct	CARL, Greg A., MD	BC- ENT	M2019-695	Jerome Aiken	Defreyn	Glein		Herington	TBD	
2021 November <i>Commission meeting 11/18/2021</i>										
4-5 Nov	LENG, Vuthy, MD	Non-BC Self designated Family Medicine	M2020-697	Philip deMaine	Defreyn	Berg	B	Kavanaugh	TBD	
5-Nov	RUSSELL, Trent J., PA-C	Physician Asst.	M2020-687	Connie Elkins McKelvey	Pfluger	Berg	B	Blye	TBD	
9-10 Nov	DE, Monya, MD	Non-BC Self designated Internal Medicine	M2020-936	Mark Kimball Farnoosh Faryabi	Pfluger	Page Landstrom	B	Donlin	TBD	
<u>29-Nov - 1 Dec</u>	SCHOENFELDER, Kevin P., MD	BC- Orthopaedic Surgery	M2019-825	Bertha Fitzer	Defreyn	Page Landstrom	B	Herington	TBD	
2021 December <i>NO COMMISSION MEETING THIS MONTH</i>										
13-15 Dec	CLARK, Thomas Boyle, III, MD	BC- Anatomic Pathology	M2020-406	Peter Helmsberger Mary Robnett	Pfluger/Bahm	Page Landstrom	A	Kuntz	TBD	
2022 January <i>Commission meeting 1/13/2021</i>										
6-7 Jan	GOLDSTEIN, Neil K., MD	BC - Diagnostic Radiology	M2020-660	Mark Melter	Bahm	Page Landstrom	L	Blye	TBD	

Commission Meeting Agenda

July 8-9, 2021



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In response to the COVID-19 public health emergency, and to promote social distancing, the Medical Commission will not provide a physical location for these meetings. Virtual public meetings, without a physical meeting space, will be held instead. The access links can be found below.

Thursday – July 8, 2021

Closed Sessions

8:00 am	Case Reviews – Panel A
8:00 am	Case Reviews – Panel B
12:00 pm to 1:30 pm	Virtual Social Event <i>Commissioners & Staff</i>
1:30 pm	Case Reviews – Panel A
1:30 pm	Case Reviews – Panel B

4:00 pm

Policy Committee Meeting

Please **register** for this meeting at:

<https://attendee.gotowebinar.com/rt/7462496884390735630>

After registering, you will receive an email containing a link that is unique to you to join the webinar.

Agenda Items	Presented By:	Page #:
Telemedicine Rulemaking, WSR #19-19-072 <i>Request to rescind CR-101.</i>	Micah Matthews	47
Stem Cell Rulemaking, WSR #20-09-132 <i>Request to rescind CR-101 and create a policy or guideline.</i>	Amelia Boyd	48
Opioid Prescribing Patient Exclusions <i>Request to initiate CR-102 process.</i>	Amelia Boyd	49
Cures Act requirement to give patient access to all health information in EMR <i>Discussion of the Cures Act and possible creation of a policy relating to this Act.</i>	Michael Farrell	Cures Act
Procedure – Processing Complaints of Sexual Misconduct Through the Sexual Misconduct Analysis Review Team (SMART) <i>Periodic review and possible revisions.</i>	Michael Farrell	53
Procedure – Interactive and Transparent Development of Evidence-based Policies and Guidelines <i>Periodic review and possible revisions.</i>	Michael Farrell	56

Please **register** for this meeting at:

<https://attendee.gotowebinar.com/rt/399039309550222862>

After registering, you will receive an email containing a link that is unique to you to join the webinar.

1.0 Chair Calls the Meeting to Order

2.0 Housekeeping

3.0 Chair Report

4.0 Consent Agenda

Items listed under the Consent Agenda are considered routine agency matters and will be approved by a single motion without separate discussion. If separate discussion is desired, that item will be removed from the Consent Agenda and placed on the regular Business Agenda. Action

4.1 Minutes – Approval of the May 14, 2021 Business Meeting minutes. Pages 9-13

4.2 Agenda – Approval of the July 9, 2021 Business Meeting agenda.

5.0 Old Business

5.1 Committee/Workgroup Reports Update

The Chair will call for reports from the Commission's committees and workgroups. Written reports begin on page 14.

See page 16 for a list of committees and workgroups.

5.2 Rulemaking Activities Update

Rules Progress Report provided on page 19.

Please note: The Department of Health has three Sunrise Reviews in progress. See page 20.

The hearing for the Physician Assistant chapter 246-918 WAC rules is scheduled for Wednesday, September 22 from 2 pm to 4 pm. We need at least 11 Commissioners to panel this hearing. Please let me know as soon as possible if you can participate.

5.3 The Effects of State Medical Board Disciplinary Orders on ABMS Specialty Board Certification Update

Mike Farrell, Policy Development Manager, will provide an update on his paper.

5.4 Lists & Labels Request Action

The Commission will discuss the requests received for lists and labels, and possible approval or denial of these requests. Approval or denial of these applications is based on whether the requestor meets the requirements of a "professional association" or an "educational

- R. Cassidy Seminars

6.o Public Comment

The public will have an opportunity to provide comments. *If you would like to comment during this time, please limit your comments to two minutes. Please identify yourself and who you represent, if applicable, when the Chair opens the floor for public comment.*

7.o Policy Committee Report

Dr. Karen Domino, Chair, will report on items discussed at the Policy Committee meeting held on July 8, 2021. See the Policy Committee agenda on page 1 of this agenda for the list of items to be presented.

Report/Action
Begins on
page 47

8.o Member Reports

The Chair will call for reports from Commission members.

9.o Staff Member Reports

The Chair will call for further reports from staff.

Pages 59-66

10.o AAG Report

Heather Carter, AAG, may provide a report.

11.o Adjournment of Business Meeting

Open Sessions

9:45 am	Personal Appearances – Panel A Please join this meeting from your computer, tablet or smartphone: https://global.gotomeeting.com/join/243475405	Page 67
9:45 am	Personal Appearances – Panel B Please join this meeting from your computer, tablet or smartphone: https://global.gotomeeting.com/join/345525861	Page 68

Closed Session

Noon to 1:00 pm Lunch Break

Open Sessions

1:15 pm	Personal Appearances – Panel A Please join this meeting from your computer, tablet or smartphone: https://global.gotomeeting.com/join/243475405	Page 67
1:15 pm	Personal Appearances – Panel B Please join this meeting from your computer, tablet or smartphone: https://global.gotomeeting.com/join/345525861	Page 68

In accordance with the Open Public Meetings Act, this meeting notice was sent to individuals requesting notification of the Department of Health, Washington Medical Commission (Commission) meetings. This agenda is subject to change. The Policy Committee Meeting will begin at 4:00 pm on July 8, 2021 until all agenda items are complete. The Commission will take public comment at the Policy Committee Meeting. The Business Meeting will begin at 8:00 am on July 9, 2021 until all agenda items are complete. The Commission will take public comment at the Business Meeting. To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

Business Meeting Minutes

May 14, 2021



WASHINGTON
**Medical
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Virtual Meeting via GoToWebinar

Commission Members

James E. Anderson, PA-C
Christine Blake, Public Member
Toni Borlas, Public Member
Charlie Browne, MD
Jimmy Chung, MD, 2nd Vice Chair
Diana Currie, MD
Karen Domino, MD
April Jaeger, MD
Charlotte Lewis, MD
Sarah Lyle, MD

John Maldon, Public Member, Chair
Terry Murphy, MD
Alden Roberts, MD
Scott Rodgers, JD, Public Member
Theresa Schimmels, PA-C
Robert Small, MD
Claire Trescott, MD, 1st Vice Chair
Richard Wohns, MD
Yanling Yu, PhD, Public Member

Commission Staff

Christine Babb, Investigator
Colleen Balatbat, Staff Attorney
Morgan Barrett, MD
Jennifer Batey, Legal Support Staff Manager
Larry Berg, Staff Attorney
Amelia Boyd, Program Manager
Reneé Bruess, Investigator
Kayla Bryson, Executive Assistant
Jimi Bush, Director of Quality & Engagement
Adam Calica, Chief Investigator
Sarah Chenvert, Performance Manager
Melanie de Leon, Executive Director
Anthony Elders, Compliance Officer
Michael Farrell, Policy Development Manager
Gina Fino, MD, Investigator

Ryan Furbush, Paralegal
Rick Glein, Director of Legal Services
George Heye, MD, Medical Consultant
Mike Hively, Information Liaison
Jenelle Houser, Legal Assistant
Meghan Howell, Complaint Intake Coordinator
Kyle Karinen, Staff Attorney
Stephanie Mason, Legislative Liaison & PIO
Micah Matthews, Deputy Executive Director
Melissa McEachron, Director of Operations
& Informatics
Natalie Oakes, Investigator
Freda Pace, Director of Investigations
Ariele Page Landstrom, Staff Attorney
Trisha Wolf, Staff Attorney

Others in Attendance

Amy Brackenbury, Washington State Society of
Anesthesiology
Alan Brown, MD, Pro Tem Commissioner
Heather Cantrell, Policy Analyst, Department of
Health
Heather Carter, Assistant Attorney General
Mary Curtis, MD, Pro Tem Commissioner
Billie Dickinson, Washington State Medical
Association

Chelsea Hager, Insight Strategic Partners
Robert Hsiung, MD
Melissa Johnson, Washington Association of
Nurse Anesthetists
Gregory Terman, MD, Pro Tem Commissioner
Stephanie Yang, MD

1.0 Call to Order

John Maldon, Public Member, Chair, called the meeting of the Washington Medical Commission (Commission) to order at 8:00 a.m. on May 14, 2021.

2.0 Housekeeping

Amelia Boyd, Program Manager, gave an overview of how the meeting would proceed.

3.0 Chair Report

Mr. Maldon reported two new Commissioners had been recently appointed: Dr. Sarah Lyle and Dr. Harlan Gallinger. He asked Dr. Lyle to introduce herself. Dr. Gallinger was not in attendance.

Mr. Maldon thanked two Pro Tem Commissioners, Dr. Mary Curtis and Dr. Alan Brown, for serving as full Commissioners for disciplinary matters while the Governor's office was determining who would fill the Congressional District 2 and Congressional District 8 vacancies.

Mr. Maldon welcomed back Micah Matthews, Deputy Executive Director, as he has been on leave.

Mr. Maldon reported that at a recent Executive Committee meeting the question was raised of what is the basis of reimbursement for Commissioners doing Commission work. He stated Melanie de Leon, Executive Director, had done an intensive analysis of how other state boards reimburse their members. This analysis showed that the rate Washington pays their Commissioners is the second highest in the nation.

4.0 Consent Agenda

The Consent Agenda contained the following items for approval:

4.1 Minutes from the April 9, 2021 Business Meeting.

4.2 Agenda for May 14, 2021.

Motion: The Chair entertained a motion to approve the Consent Agenda. The motion was seconded and approved unanimously.

5.0 New Business

5.1 Request to Change July 2022 Meeting Dates

Ms. Boyd presented a request to change the meeting dates for the July 2022 regular meeting from July 7-8 to June 30-July 1. A motion was made to change the dates to July 14-15, 2022 instead.

Motion: The Chair entertained a motion to change the dates to July 14-15, 2022. The motion was seconded and approved unanimously.

6.0 Old Business

6.1 Committee/Workgroup Reports

These reports were provided in writing and included in the meeting packet.

6.2 Rulemaking Activities

The rulemaking progress report was provided in the meeting packet. Ms. Boyd stated

there was nothing further to report.

7.0 Public Comment

Amy Brackenbury, representing the Washington State Society of Anesthesiologists, provided comments on the chapter 246-918 WAC – Physician Assistant rulemaking.

Chelsea Hager, Contract Lobbyist for the Washington Academy of Physician Assistants, also provided comments on the chapter 246-918 WAC – Physician Assistant rulemaking.

Melissa Johnson, representing the Washington Association of Nurse Anesthetists, also provided comments on the chapter 246-918 WAC – Physician Assistant rulemaking.

8.0 Policy Committee Report

Dr. Karen Domino, Policy Committee Chair, reported on the items discussed at the Policy Committee meeting held on May 13, 2021:

Chapter 246-918 WAC Physician Assistants Including Implementation of [Substitute House Bill 2378](#) Rulemaking

Dr. Domino spoke about the process for this rulemaking and thanked the interested parties and stakeholders for their feedback on the draft language. Mr. Maldon asked Jim Anderson, PA-C, to speak about the controversial language in the rule and explain it further. Dr. Domino then stated that the Committee approved initiating the next step in the rules process, CR-102: Proposal, with the draft language as provided in the packet.

Motion: The Chair entertained a motion to approve initiating the CR-102 process for this rulemaking. The motion was approved unanimously.

Clinical Support Program Rulemaking

Dr. Domino explained that the Committee felt the draft language needed more discussion, so this item has been deferred to a future meeting. There will be another rules workshop.

Guideline – Sexual Misconduct and Abuse

Dr. Domino asked Mike Farrell, Policy Development Manager, to present the changes to the document. Mr. Farrell explained the changes from the previously approved document. Dr. Domino stated that the Committee recommended approving this document.

Motion: The Chair entertained a motion to approve the guideline. The motion was approved unanimously.

Procedure – Referral of Sexual Misconduct Cases

Dr. Domino asked Mike Farrell, Policy Development Manager, to present the changes to the document. Mr. Farrell explained the changes from the previously approved document. Dr. Domino stated that the Committee recommended approving this document.

Motion: The Chair entertained a motion to approve the procedure. The motion was approved unanimously.

Procedure – Processing Complaints of Sexual Misconduct Through the Sexual Misconduct Analysis Review Team (SMART)

Dr. Domino explained the Committee requested more work be done on this document. She stated it will be seen again at a future meeting.

9.0 Member Reports

Yanling Yu, PhD, Public Member, stated the Washington Patient Safety Coalition and Health Advocate Acts will hold a screening of a documentary of *This Might Hurt*, which is about opioid prescribing.

Dr. Yu also stated that she is a member of the American College of Emergency Physicians' recently formed a task force to revisit their [white paper](#) on Excited Delirium Syndrome. One result of this task force is that the name of the syndrome may be changed to Hyperactive Delirium Syndrome.

Lastly, Dr. Yu stated she has been serving on the Agency for Healthcare Research and Quality's National Advisory Council for three years. Recently, she was invited to serve on a subcommittee which will provide strategic direction and plans on quality measurements.

Diana Currie, MD, stated that she was invited to participate in the Federation of State Medical Boards' health equity committee. The committee has met a few times and have been working on a statement regarding the impact of medical regulation on health equity. She stated that work is related to the work being done in Washington with the passing of [Senate Bill 5229](#) which is concerning health equity continuing education for health care professionals.

10.0 Staff Reports

There were not additional reports to those available in the packet.

11.0 AAG Report

Heather Carter, AAG, reminded the Commissioners anytime they receive communication from a stakeholder or interested party to not directly answer and instead, forward or refer it to Ms. Boyd or Melanie de Leon, Executive Director. She also stated that we have a lot of rulemaking in process at the moment and for any direct communication a Commissioner may receive regarding rulemaking from a stakeholder or interested party, those should be forwarded to Ms. Boyd or Ms. de Leon as well. She reminded everyone that rulemaking is a formal process and we must capture any comments or responses to include in the official rulemaking file.

12.0 Leadership Elections

12.1 Restatement of Nominating Committee Report

Alden Roberts, MD, Committee Chair, restated the slate of nominees:

- Chair: John Maldon, Public Member
- 1st Vice Chair: Claire Trescott, MD
- 2nd Vice Chair: Jimmy Chung, MD

12.2 Nominations from the Floor

Dr. Roberts called for nominations from the floor. None were provided.

12.3 Election of Leadership

Dr. Roberts called for a motion to elect the officers as provided by the Nominating Committee.

Motion: The Chair entertained a motion to elect officers as follows:

- Chair: John Maldon, Public Member

- 1st Vice Chair: Claire Trescott, MD
- 2nd Vice Chair: Jimmy Chung, MD

The motion passed unanimously.

11.0 Adjournment

The Chair called the meeting adjourned at 9:18 am.

Submitted by

Amelia Boyd, Program Manager

John Maldon, Public Member, Chair
Washington Medical Commission

Approved July 9, 2021

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

Committee/Workgroup Reports: July 2021

Reduction of Medical Errors Workgroup – Chair: Dr. Chung Staff: Mike Farrell

The committee is due to meet to go over its guideline and statement of understanding with the Foundation for Health Care Quality. A meeting needs to be scheduled.

Annual Educational Conference Workgroup – Chair: Toni Borlas Staff: Jimi Bush

We will not be holding an in-person conference this year. Jimi is looking for a time for the conference committee to meet to develop suggestions for education this year. If you have topic or speaker suggestions, please let Jimi know.

With Ms. Schimmels leaving the commission, we need committee members. If you are interested in becoming part of the conference planning workgroup, please let Jimi know.

Commissioner Education Workgroup – Chair: None at this time Staff: Melanie de Leon

Meeting held May 4th where we discussed several ideas for future Lunch & Learns. If you have ideas, please send them to [Amelia Boyd](#).

Osteopathic Manipulative Therapy Workgroup – Chair: None at this time Staff: Micah Matthews

Workgroup will reconvene after 2021 legislative session to consider any legislative or policy impacts.

Office-Based Surgery Rules Workgroup – Chair: Dr. Domino Staff: Mike Farrell

The workgroup decided not to begin rulemaking. The workgroup will be disbanded.

Health Equity Advisory Committee – Chair: Dr. Jaeger Staff: Jimi Bush

We will be holding quarterly meetings for the rest of the year. All remaining policies/rules/etc. will be open for written comment at any time through the end of the committee lifespan.

More information is available on the [committee webpage](#).

**Healthcare Disparities Workgroup – Chair: Dr. Currie
Staff: Melanie de Leon**

Awaiting the arrival of a new staff member on July 1 to work to review public health data currently collected by DOH.

Committees & Workgroups



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Executive Committee

John Maldon, Public Member, Chair
Dr. Trescott, 1st Vice Chair
Dr. Chung, 2nd Vice Chair
Dr. Domino, Policy Committee Chair
Dr. Roberts, Immediate Past Chair
Melanie de Leon
Micah Matthews
Heather Carter, AAG

Policy Committee

Dr. Domino, Chair (B)
Dr. Roberts (B)
Christine Blake, Public Member (B)
Jim Anderson, PA-C (A)
John Maldon, Public Member (B)
Scott Rodgers, Public Member (A)
Dr. Trescott (B)
Heather Carter, AAG
Melanie de Leon
Mike Farrell
Amelia Boyd

Newsletter Editorial Board

Dr. Currie
Dr. Chung
Dr. Wohns
Jimi Bush, Managing Editor
Micah Matthews

Legislative Subcommittee

Dr. Roberts, Chair
John Maldon, Public Member
Dr. Terman, Pro Tem Commissioner
Christine Blake, Public Member
Dr. Wohns
Melanie de Leon
Micah Matthews

Panel L

John Maldon, Public Member, Chair
Dr. Browne
Dr. Roberts
Christine Blake, Public Member
Dr. Chung
Theresa Schimmels, PA-C
Dr. Trescott
Dr. Barrett, Medical Consultant
Marisa Courtney, Licensing Supervisor
Ariele Page Landstrom, Staff Attorney
Micah Matthews

Finance Workgroup

Dr. Roberts, Immediate Past Chair, Workgroup Chair
John Maldon, Current Chair
Dr. Trescott, 1st Vice Chair
Dr. Chung, 2nd Vice Chair
Melanie de Leon
Micah Matthews
Jimi Bush

Annual Educational Conference Workgroup

Toni Borlas, Chair
Theresa Schimmels, PA-C
Dr. Domino
Jimi Bush, Organizer

Commissioner Education Workgroup

Dr. Domino
Dr. Chung
Dr. Roberts
Toni Borlas, Public Member
Scott Rodgers, Public Member
Dr. Terman, Pro Tem Commissioner
Melanie de Leon
Amelia Boyd
Jimi Bush

Committees & Workgroups



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Reduction of Medical Errors Workgroup

Dr. Chung, Chair
John Maldon, Public Member
Dr. Roberts
Dr. Domino
Dr. Jaeger
Christine Blake, Public Member
Scott Rodgers, Public Member
Melanie de Leon
Mike Farrell

Osteopathic Manipulative Therapy Workgroup

Dr. Roberts
Dr. Currie
John Maldon, Public Member
Micah Matthews
Michael Farrell
Amelia Boyd
Heather Carter, AAG

Health Equity Workgroup

Dr. Jaeger, Co-Chair
Dr. Roberts, Co-Chair
Yanling Yu, Public Member
Micah Matthews
Jimi Bush
Anjali Bhatt

Healthcare Disparities Workgroup

Dr. Currie, Chair
Dr. Browne
Dr. Jaeger
Christine Blake, Public Member
Melanie de Leon

Collaborative Drug Therapy Agreements Rulemaking Committee

Dr. Roberts, Chair
Dr. Chung
Dr. Small
John Maldon, Public Member
Tim Lynch, PQAC Commissioner
Teri Ferreira, PQAC Commissioner
Melanie de Leon
Micah Matthews
Kyle Karinen, Staff Attorney
Amelia Boyd
Heather Carter, AAG
Laruen Lyles, Executive Director, PQAC
Christie Strouse, Deputy Director, PQAC
Lindsay Trant, DOH Rules Coordinator

PQAC E-prescribing Rulemaking Committee

Christine Blake, Public Member
Dr. Browne
Dr. Small
Melanie de Leon
Amelia Boyd
TBD, Staff Attorney
Heather Carter, AAG

Stem Cells Rulemaking Committee

TBD, Chair
TBD
Yanling Yu, Public Member
Micah Matthews
Mike Farrell
Amelia Boyd
Heather Carter, AAG

Committees & Workgroups



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Opioid Prescribing – Patient Exemptions Rulemaking Committee

Dr. Roberts, Chair

Dr. Small

Dr. Terman, Pro Tem Commissioner

James Anderson, PA-C

Melanie de Leon

Mike Farrell

Amelia Boyd

Heather Carter, AAG

Telemedicine Rulemaking Committee

Christine Blake, Public Member, Chair

Toni Borlas, Public Member

Dr. Small

Dr. Roberts

Dr. Lewis

Dr. Wohns

Dr. Jaeger

Dr. Lisa Galbraith, BOMS

Dr. Kim Morrisette, BOMS

Micah Matthews

Stephanie Mason

Mike Farrell

Amelia Boyd

Tracie Drake, Program Manager, BOMS

PA Chapter 246-918 WAC & HB 2378 Rulemaking Committee

James Anderson, PA-C, Chair

Theresa Schimmels, PA

Christine Blake, Public Member

Melanie de Leon

Mike Farrell

Ariele Page Landstrom, Staff Attorney

Amelia Boyd

Heather Carter, AAG

SB 6551 – IMG Licensing Rulemaking Committee

TBD, Chair

TBD

TBD, Public Member

Micah Matthews

Ariele Landstrom, Staff Attorney

Marisa Courtney, Licensing Supervisor

Dawn Thompson

Becca King

Stephanie Mason

Rick Glein, Staff Attorney

Amelia Boyd

Heather Carter, AAG

Please note, any committee or workgroup that is doing any stakeholder work or getting public input must hold open public meetings.

WMC Rules Progress Report								Projected filing dates		
Rule	Status	Date	Next step	Complete By	Notes	Submitted to RMS	SBEIS Check	CR-101	CR-102	CR-103
Clinical Support MDs & PAs (formerly Technical Assistance)	CR-101 filed	2/22/2018	Workshops	TBD	Keep Osteo updated.			Complete	TBD	TBD
Telemedicine	CR-101 filed	9/17/2019	Recommend rescinding CR-101	7/9/2021	Keep Osteo updated.			Complete	TBD	TBD
Stem Cells	CR-101 Filed	4/21/2020	Recommend rescinding CR-101	7/9/2021	Keep Osteo updated.			Complete	TBD	TBD
Opioid Prescribing - LTAC, SNF patient exemption	CR-101 filed	3/26/2020	Recommend initiating CR-102	7/9/2021				Complete	TBD	TBD
Collaborative Drug Therapy Agreements (CDTA)	CR-101 filed	7/22/2020	Workshops	TBD				Complete	January 2022	April 2022
Emergency Licensing Rules	Secretary Review	3/26/2020	File CR-105	TBD	Holding until proclamation is lifted.					
Chapter 246-918 WAC & HB 2378	CR-102 Approved	5/14/2021	Hearing	Tentatively 9/22/2021	Collaborate with Osteo on HB 2378			Complete	July 2021	September 2021
SB 6551 - IMG licensing	CR-101 filed	8/6/2020	Workshops	TBD				Complete	TBD	TBD

Sunrise Reviews

Review	Status	Comments Due	Hearing Date & Time	Site Link
Proposal to create Anesthesiologist Assistant license	Accepting Comments	Monday, July 5, 2021	None scheduled	https://www.doh.wa.gov/AboutUs/ProgramsandServices/HealthSystemsQualityAssurance/SunriseReviews/SunriseReviewsInProgress#heading28466
Midwifery scope of practice	Accepting Comments	Monday, July 5, 2021	None scheduled	https://www.doh.wa.gov/AboutUs/ProgramsandServices/HealthSystemsQualityAssurance/SunriseReviews/SunriseReviewsInProgress#heading82989
Optometrist scope of practice	Accepting Comments	Monday, July 5, 2021	None scheduled	https://www.doh.wa.gov/AboutUs/ProgramsandServices/HealthSystemsQualityAssurance/SunriseReviews/SunriseReviewsInProgress#heading82990

Application for Approval to Receive Lists

This is an application for approval to receive lists, not a request for lists. You may request lists after you are approved. Approval can take up to three months.

RCW 42.56.070(8) limits access to lists. Lists of credential holders may be released only to professional associations and educational organizations approved by the disciplining authority.

- A "professional association" is a group of individuals or entities organized to:
 - Represent the interests of a profession or professions;
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 - Advance causes seen as important to its members that will improve quality of care rendered to the public.
- An "educational organization" is an accredited or approved institution or entity which either
 - Prepares professionals for initial licensure in a health care field or
 - Provides continuing education for health care professionals.

☐ We are a "professional association"

☒ We are an "educational organization."

Karen Newell
Primary Contact Name ↓

866 992 9399 X105
Phone ↓

karen@rcassidy.com
Email ↓

ceuregistration.com
Additional Contact Names (Lists are only sent to approved individuals) ↓ Website URL ↓

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Mailing brochures for continuing education events
1. How will the lists be used? ↓ psychologists, MFT's, social workers,
All mental health counselors, physicians
2. What profession(s) are you seeking approval for? ↓

Please attach information that demonstrates that you are a "professional association" or an "educational organization" and a sample of your proposed mailing materials

Attach completed application to your recent list request using the public portal:

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Alternate options: Email to: PDRC@DOH.WA.Gov Mail to: PDRC - PO Box 47865 - Olympia WA 98504-7865

K Newell
Signature ↓

6-30-2021
Date ↓

If you have questions, please call (360) 236-4836.

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Application to Present a Workshop

Course Content:
Brochure for
mailing not
designed yet

Organization and Contact Information:

Legacy EC EMDRIA #20012
Ken Vanderlip, Ph.D. & Susie Vanderlip, CPAE, CSP
800-707-1977
Ken@de-stressforsuccess.com Susie@legacyofhope.com

Workshop Title:

De-Stress for Success®
Self-Care & EMDR Phase 2 Resourcing Tools

Workshop Dates:

To Be Announced

Workshop Location:

Zoom

* In Person Location To be confirmed once COVID is resolved. Anticipate will be at previously confirmed location of:

Santiago Canyon College
8045 E. Chapman Ave
Orange, CA 92869

3 events this fall
1 - Zoom
2 - Orange, CA
3 - Seattle, WA

Target Audience:

Psychologists, Psychiatrists, Social Workers, MFTs, Counselors, Substance Abuse Counselors, etc.

Other: Other healthcare workers (ie: Nurses, MDs, etc.)

Is this a Live Workshop?

No (due to COVID)

Is this a Live Webinar?

YES, virtual presentation

Are you filming this event to turn it into a Home Study or On Demand Webinar?

Yes, are considering doing so

Pricing: \$249.00 (includes cost of CEUs; unsure if exact pricing yet)



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Abstract/Workshop Description:

De-Stress for Success® Self-Care & EMDR Phase 2 Resourcing Tools

Dr. Ken Vanderlip and Susie Vanderlip CSP, CPAE will share and discuss critical components of *Legacy of Hope®*, *Mindfulness*, and *The Way of a Compassionate Warrior*. They will reinforce how critical the work of therapists and other healthcare providers is in response to the global pandemic, chaos, excessive stress, unprecedented challenges, trauma, and fearfulness. Simply by being in the psycho-therapeutic profession, therapists are already on a path to *being a compassionate warrior*. Dealing with stress and trauma puts the therapist on that path.

The workshop provides *De-Stress for Success® - EMDR Phase 2 Resourcing Tools* that are vital for practitioners' own self-care. In addition, practitioners will learn effective ways of resourcing their clients/patients to assist healing. The workshop will also provide experiential moments in self-help tools and validate the importance of applying them to ourselves as well as their importance in resourcing our clients/patients.

The Workshop explores and practices techniques to improve the therapist's resiliency and enhance their capacity to maintain a clear mind and relaxed and fearless state. These skills enable the therapist to avoid being triggered by client processing. A key role as therapists is to bring calm and steadiness amid the client's chaos, so the client can do their work to heal – to find their own calm, steadiness, resilience, and positive belief in self. That requires the therapist to be compassionate and mindful as he/she works with clients by using good self-care for themselves and resourcing the client as needed.

All the tools presented are effective as EMDR Phase 2 Resourcing Tools. In the workshop, tools are shared to use in preparation and skill building, necessary to help the client connect with functional information and integrate helpful, positive experiences. These tools are often key to the internal stabilization that many clients need to do the deeper clearing processing that EMDR provides. These tools help build and fortify the functional memory network that will be needed in EMDR Phases 4 through 6.

Along with regular self-care, a significant point of being a *Compassionate Warrior* is becoming *fearless* as a therapist. This will also be explored with both lecture and experiential components to enhance that capacity within us all. *De-Stress for Success® - EMDR Phase 2 Resourcing Tools* can help reduce burnout and increase both longevity and effectiveness as a psychotherapist as well as in personal life.



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7 Bullet points summarizing main points of workshop:

- Explore *De-Stress for Success® - EMDR Phase 2 Resourcing Tools* Self-Care for yourself and your clients.
- Identify impact of trauma and stressors on clients and self from dramatic character vignettes
- Learn techniques to
 - Improve your resiliency
 - Relax more and clear the mind
 - Handle stress better, maintain calm during chaos
 - Be empowered to more effectively handle life & relationships with mindfulness and compassion
- Mindfulness – Meditation - Dual Awareness Concepts
- Common elements of Mindfulness and psychotherapy
- Being Fearless as a Therapist - *The Way of a Compassionate Warrior*
 - Martial Arts Attitude & Emotional Self-Defense
- *De-Stress for Success® - EMDR Phase 2 Resourcing Tools*
- “Self-Care” for self & clients through
 - Halt Principle, Positive Self-Talk, Reframing Skills
 - Body – Positive impact of Physical Actions; Breathing Techniques, Yoga for the Office
 - Mind – Meditation tools for well-being, clarity and peaceful state of mind

More Resilient, Relaxed, Empowered & Effective



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Learning Objectives

Participants will be able to:

- List self-care practices that reduce burnout, increase your longevity and effectiveness as a psychotherapist, and can enhance your personal life.
- Identify your own personal stressors and signs of excess stress, both personally and professionally.
- Specify 3 or more potential uses of Phase 2 strategies with clients.
- Describe key elements of Mindfulness.
- Identify a preferred *De-Stress for Success® - EMDR Phase 2 Resourcing Tools* for our own good Self-Care as well as resourcing our clients for:
 - Body
 - Mind
 - Spirit
- Describe 'Emotional Self-Defense' and how to use the concept for yourself and for your clients.
- Describe key elements of being a 'Compassionate Warrior' and Fearless as a Therapist.

Methods used to convey the content:

- Dramatic Vignettes
- Multi-media PowerPoint
- Handouts
- Didactic lecture
- Experiential participation
- Q&A



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Content & Timeline:

8:30am - 9:00am Registration

9:00am - 10:30am ***Legacy of Hope®*** with Q&A.

- Vignettes that illustrate examples of emotional distress and self-defeating choices common to many of our clients/patients. Watch for the trauma/s, alcoholism/addictions, abandonment, abuse, childhood issues, and other stressors that impact our clients' attitudes, perceptions, and beliefs about self. See illustrations of 'ACES' in the characters and how it reflects our own clients' need for EMDR's Resource Development and Installation (RDI). Reflect on how traumas throughout our lives and current stressors encourage the need for our own self-care. (1 hour 30 mins.)

10:30am - 10:45am Break

10:45am - 12:00pm ***De-Stress for Success® - EMDR Phase 2 Resourcing Tools***

- Stress Management and Healthy Self-Care Skills for the Body, Mind & Spirit. As clinicians we need to master these practices and model them for our clients to validate the importance of good self-care practices. These tools are critical to reduce burnout and increase longevity and effectiveness as a psychotherapist. They are equally critical to enhance practitioners' personal lives.
- The goal is to maintain Mindfulness and Compassion using Phase 2 Resourcing Tools for our clients and for our own well-being and self-care. (1 hour 15 mins.)

I. Overview

- What is Mindfulness?
- How Mindfulness blends with Therapy
- What is Stress?
- Symptoms of Stress – physical, emotional, behavioral
 - Male vs Female
 - Impact of Perception

II. Tools for Building Mindfulness and Compassion through **The Body**

- One-Minute Breathing
- Progressive Muscle Relaxation
- Yoga for Office & Everyday Life



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III. Tools for Building Mindfulness and Compassion
through **The Mind**. - *Get into here and now using Mantras of Well-Being and Empowerment*

- Self-Care Concepts
 - HALT Principle
 - Positive Self-Talk Practice
 - Reframing Skills

12:00pm – 1:00pm Lunch Break

1:00pm -2:30pm – (1 hour 30 mins.)

IV. Tools for Building Mindfulness and Compassion
through **The Mind - continued** – *Mindfulness by Reframing, Perceptions, Acceptance*

- Fear Journal
- 90%-10% Principle
- Emotional Self-Defense™ - *The Way of a Compassionate Warrior*
- Attitude Adjusters with Exercises
- Slogans, Movie Phrases & 12 Step Slogans
 - Easy Does It
 - First Things First, Next Indicated Thing
 - How Important is it?
 - Decide not to Decide is a valid decision

2:30pm -2:45pm Break

2:45pm – 4:30pm – (1 hour 45 mins.)

V. Tools for Building Mindfulness and Compassion
through **Emotions and Spirit**:

- Gratitude Journaling
- Shared Journaling before Bed:
 - What Have I done Right Today?
 - Gratitude Lists
- Guided Meditation Experience

VI. Evaluation of Tools Learned and Goal Setting for Implementation
in personal life and professional practice as resource tools.

Take Home: What are you going to practice for next 3 weeks?

(Total presentation time: 6 hours)



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Presenter Information:

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Ken Vanderlip, Ph.D.

Licensed Psychologist, CA License#: PSY13314 – Expires 7-31-2020

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Susie Vanderlip, CPAE, CSP

NSA Certified Professional Speaker, NSA Speaker Hall of Fame

3024 E. Chapman Ave, Orange, CA 92869

Legacy Phone: 800-707-1977

Personal Cell: 714-716-7168

email: susie@legacyofhope.com

Job description: International Speaker and Consultant on Prevention Issues (Alcohol, Drugs, Teens & Adults) and a Certified Yoga & Meditation Instructor.

Resumes /Curriculum Vitas:

See attached.



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Promotional Materials:

www.vanderlip.com - www.de-stressforsuccess.com www.legacyofhope.com

- Flyers and brochures: *(being developed)*

Any flyer, brochure, email announcement, or website advertisement that is used to promote a program will adhere to the following requirements:

This workshop is open to all clinicians including those with no prior EMDR training. This workshop is not an EMDR basic training. *Attendees that have not been trained in EMDR should be advised that if they have no prior EMDR training that it is recommended they complete the full EMDR basic training and have experience in using EMDR with this client population before using this material.*

Eligibility for EMDRIA Credits is restricted to those who have completed an EMDRIA-Approved Basic EMDR Training. Attendees with no prior EMDR training are not eligible to receive EMDRIA Credits.

Register at:

<https://www.academeca.com/CEUReg/SeminarInfo.aspx?seminarId=2934>

(Link needs to be determined & assigned by R. Cassidy)

EC STATEMENT FOR CERTIFICATES

If EMDRIA Credit Providers are issuing one single certificate to participants and have other CEU information listed on the certificate of completion, they are welcomed to use the following wording:

EMDRIA: Legacy is an EC Provider (#20012) and this program (#00000-00) is approved for __ EMDRIA Credits. Eligibility for EMDRIA

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Handout Materials:

See attached Power Point Slides & Worksheets (next pgs)



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Worksheets

List potential uses of Phase 2 strategies with clients:

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

**Identify YOUR signs of Too Much Stress:
Physical, Emotional and Spiritual, Behavioral**

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____



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After the "One Minute Breathing" Experience:

Check out your body and notice how you feel. What are the changes you experienced; how would you compare your body sense now to before doing OMB? Scan from head to toe to notice if/where you feel more calmness. Most people report that, even in this brief time, as their breathing becomes calmer, softer, and settles into a smoother rhythm, their body slows down, becoming relaxed and quiet.

Validate your experience. Ask Yourself:

- How did this breathing exercise feel?

- What changes did you notice? _____

- How do you feel now? _____

- Is "One Minute Breathing" a tool that works for you?

If you set aside thirty seconds to one minute each hour of the day for one week, you **will** notice a difference. Everyone I have taught this to notices a rather significant difference within one week if they follow the procedure: **OMB** once an hour for thirty seconds to one minute. Remember **it's about building resilience** in your body and lowering your baseline of tension.



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More importantly, what will you leave *within* others?
Give them a *Legacy of Hope*.

*What can I do with 10% of my
time/energy that brings joy into my life?*

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

What Have I Done Right Today?

Exercise

Ask yourself:

What are some things I've done right today?

*(They can be as simple as being friendly to someone, doing a random act of kindness,
having the discipline to eat a healthy lunch, or a major accomplishment like slaying a
metaphorical saber-toothed tiger!)*

- _____
- _____
- _____
- _____
- _____
- _____
- _____



What you leave to others.
More importantly, what will you leave *within* others?
Give them a *Legacy of Hope*.

Emotional Self-Defense

What is the most important thing you learned from the presentation of?

How can you see yourself applying Emotional Self-Defense? List situations where you feel this approach will help you:

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____



What you leave to others.
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Processing FEAR

When feeling Anxious, Angry, Sad, Mad, Jealous, Resentful, Depressed, or other uncomfortable negative feelings:

STEP 1: Start by Writing

Dear God, (optional)

I fear:

Step 2: Explore Your Options

1. Who can I talk to that I trust and can shed more light on what I might do about my fears?

2. What steps can I take to diminish or remove the danger?

3. If the worst thing happens, what actions will I take? Who will I contact for help?

Plan A:

Plan B:

4. Spiritual Option - Prayer and Surrender

For example:

Dear (God/Lord/Higher Power of your Understanding),

I give you the person/people involved. I give you me.

I give you my relationship to this person/these people.

I give the results to YOU, for only you have the power to control the outcome.

I pray for thy will to be done, not my will.

I entrust you with my life and my will and the outcome of how things turn out.

Because you are a loving and compassionate God, I turn the results over to you and trust in Your Will for me. Amen.



What you leave to others.
More importantly, what will you leave *within* others?
Give them a *Legacy of Hope*.

Gratitude List

- _____
- _____
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- _____
- _____
- _____



What you leave to others.
More importantly, what will you leave *within* others?
Give them a *Legacy of Hope*.

De-Stress for Success® EMDR Phase 2 Resourcing Tools

Quick Tips

By Ken Vanderlip Ph.D. and Susie Vanderlip, CSP, CPAE

Try these sets of Quick Tips that work well together
for Immediate Stress Reduction

1. **Reframing Statements:** Say the following to yourself until you *get it*:
 - *This too shall pass* - No matter what you are going through, things will change. It will not always be this way.
 - *How Important is it?* - Am I letting something be a big deal and worrying more than I need to?
 - *Eliminate the word "should."* Replace with choice or preference. Always have at least three options. Giving yourself options can relieve stress.
 - *"What have I done right today?"*
2. **HALT Principle:** Halt if you are Hungry, Angry, Lonely or Tired. Remember, stress will take our attitude hostage if we have not eaten, rested or are emotionally consumed by anger, loneliness or other charged emotions. And hunger and tiredness will exaggerate emotions, so check for these two states first, then deal with the emotional stress.
 - **If Hungry** - Stop and eat! Grab that protein bar you have stashed in your briefcase, glove compartment of the car, or top drawer of your desk
 - **If Angry** - Write a letter to God:
 - *Dear God, I'm angry because... And I fear...*
 - God will hear you and will start working on helping, but we must take the time to ask for His help to invoke His miracles.
 - **If Lonely** - Feeling all alone in carrying the responsibilities and pressures of your life, call a peer/colleague. Establish support people in your life - spiritually, professionally, personally. If you have joined a networking group of others in your field or similar position, *call them*. Share your concerns and feelings.
 - **If Tired** - Rest and revitalize:
 - Use a Guided meditation from the Media Pack to calm and revitalize.
 - Go for a quick walk.



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- Go to the gym for 30 minutes of work-out.
 - Do 15 minutes of “Yoga for the Office” (see video in the Media Pack).
 - Take a nap or go to bed early tonight.
3. **Do ‘One Minute Breathing’ technique (as shared on the Media Pack):** Or take a walk; look for small things in nature that lift your spirits and have nothing to do with achievement, ego or success: the color of the sky, cloud patterns, an animal, trees swaying in the wind, the sun shining, the smell after a rain, etc.
 4. **Do ‘Yoga for the Office’ or Progressive Muscle Relaxation from the Media Pack:** Or listen to music that leaves you upbeat, happy, joyful, makes you tap your toe, get engrossed in the rhythm or soothes your body and soul. Sit quietly for 10 minutes. Have books handy that remind you that the God of your understanding is in your life; readings from a spiritual book, poem, a piece of music that awakens peace, joy; anything that speaks to your spirit and instills hope.
 5. **Meditate:** Take the 20 to 30 minutes you need to reboot your mind and spirit. Listen to any of the meditations or visualizations in the Media Pack.
 6. **Do ‘Emotional Self-Defense’:** Deflect. Don’t take it personally.
 7. **Change your perception:** Try to see a person/situation from a different viewpoint. Also start trusting yourselves, that way you start to develop greater intuition.
 8. **Take a Passion Pit Stop:** Engage in a hobby or reading that takes your mind off everything else for 15 to 30 minutes.
 9. **Gratitude Journal:** List everything that you are grateful for today. Do it just before you go to bed. It develops an inner sense of wellbeing while you sleep.
 10. **Add any of the tools, reframing slogans, or reminders that you particularly like:**



What you leave to others.
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Evaluation Form
De-Stress for Success®
Self-Care & EMDR Phase 2 Resourcing Tools

Date _____

Please take a moment to rate the following items using the scale provided.

SCALE: 1=Strongly Disagree 2=Disagree 3=Neutral 4=Agree 5=Strongly Agree

1. PRESENTER(S):

- a. Well Prepared/Organized _____
- b. Concepts Clearly Explained _____
- c. Responsive to Questions _____
- d. Skillful in Presenting _____
- e. Considerate & Professional _____

2. CONTENT/FORMAT/LEARNING:

- a. Program description was accurate _____
- b. New skills or knowledge acquired _____
- c. Content seemed current _____
- d. Material/Concept well organized _____
- e. Content level appropriate to audience _____
- f. Slides/Video/Audio clear and helpful _____
- g. Handouts current and useful _____

3. THE FOLLOWING LEARNING OBJECTIVES WERE ACHIEVED:

- A. From the dramatic vignettes, identify the effects a client's trauma/s, attitudes, perceptions, and beliefs have on their wellbeing as well as on practitioners. _____
- B. List self-care practices of *Mindfulness and The Way of a Compassionate Warrior* that reduce burnout, increase your longevity and effectiveness as a psychotherapist, and can enhance your personal life. _____
- C. Identify your own personal stressors and signs of excess stress, both personally and professionally. _____
- D. Describe key elements of Mindfulness. _____
- E. Specify 3 or more potential uses of Phase 2 strategies with clients. _____
- F. Identify a preferred **De-Stress for Success®-EMDR Phase 2 Resourcing Tools** for our own good Self-Care as well as resourcing our clients for:
 - o Body _____
 - o Mind _____
 - o Spirit _____



What you leave to others.
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Give them a *Legacy of Hope*.

- G. Describe 'Emotional Self-Defense' and how to use the concept for yourself and for your clients. _____
- H. Describe key elements of being a 'Compassionate Warrior' and Fearless as a Therapist. _____

4. OVERALL RATING:

- a. Program met or exceeded expectations _____
- b. Facility/Room was comfortable _____
- c. Program was well administered _____

COMMENTS/SUGGESTIONS:

Please Use Space Below for Additional Comments or Suggestions

MEMO TO POLICY COMMITTEE

FROM: Micah Matthews, Deputy Executive Director

SUBJECT: Telemedicine Rules Recommendation

The Telemedicine Rules Workgroup has been meeting to consider several drafts for consideration since November 2019. With Public Member Christine Blake as Rules Chair, the workgroup has received numerous comments for consideration and received an in-depth presentation on Artificial Intelligence from a direct to consumer telemedicine vendor for educational purposes. The comments received have been largely constructive but have raised concern that the adoption of rules may be premature at this stage due to legislative changes that have occurred and anticipated changes due in the next legislative sessions.

HB 1196 which created audio only telemedicine billing also mandated a report due November 2021 from the Washington State Telemedicine Collaborative that will provide substantive recommendations on how a patient-practitioner relationship may be established via telemedicine. This definition change could fundamentally alter any rules adopted by the WMC – no matter if the definition is based on existing statute or not. There is also a distinct possibility of telemedicine vendor bills for the 2022 session and 2023 session. The statute changes proposed are quite likely to negate significant portions of any telemedicine rules adopted by the WMC resulting in reworking of the rules soon after they potentially become final.

Rather than place the rules process on hold for what could be a significant period of time, 18-24 months, I am recommending the Policy Committee vote to rescind the Telemedicine Rules CR-101 until such a time as the statutory changes and technology questions are more settled.

Memorandum



WASHINGTON
**Medical
Commission**
Licensing. Accountability. Leadership.

Rulemaking Request

To: Policy Committee
From: Amelia Boyd, Program Manager
Re: Rescind CR-101 – Stem Cell Rules
Date: June 23, 2021

The Commission filed a Preproposal Statement of Inquiry (CR-101) on April 21, 2020 as [WSR #20-09-132](#), regulating the use of stem cell therapy. On June 17, 2021 the first workshop for the Commission's proposed stem cells rulemaking was held. The panel and interested parties discussed draft language for this rule during the workshop. The panel determined that rulemaking on this subject was not necessary as [RCW 18.130.420](#) regulates the use of stem cell therapy. Based on the feedback from the interested parties at the workshop, the panel determined that the Commission should, instead, create a policy or guideline about the use of stem cell therapies. The panel voted to recommend rescinding the CR-101 and create a policy or guideline.

Physician Assistants

WAC 246-918-801 Exclusions. WAC 246-918-800 through 246-918-935 do not apply to:

- (1) The treatment of patients with cancer-related pain;
- (2) The provision of palliative, hospice, or other end-of-life care;

~~(3) The treatment of inpatient hospital patients who are patients who have been admitted to a hospital for more than twenty-four hours; or~~

(34) The provision of procedural medications; or

(4) The treatment of patients in the following facilities:

(a) Acute care hospitals licensed under Chapter 70.41

RCW;

(b) Psychiatric hospitals licensed under 71.12;

(c) Nursing homes licensed under Chapter 18.51 RCW and nursing facilities as defined in WAC 388-97-0001;

(d) Long-term acute care hospitals as defined in RCW 74.60.010(10);

(e) Residential treatment facilities as defined in RCW 71.12.455(7); or

(5) The treatment of patients in residential habilitation centers as defined in WAC 388-825-089 when the patient has been transferred directly from a facility listed in subsection (4) of this section.

[Statutory Authority: RCW 18.71.017, 18.71.800, 18.71A.800 and 2017 c 297. WSR 18-23-061, filed 11/16/18, effective 1/1/19.

Statutory Authority: RCW 18.71.450, 18.71A.100, 18.71.017, and 18.71A.020. WSR 11-12-025, § 246-918-801, filed 5/24/11, effective 1/2/12.]

Physicians

WAC 246-919-851 Exclusions. WAC 246-919-850 through 246-919-985 do not apply to:

- (1) The treatment of patients with cancer-related pain;
- (2) The provision of palliative, hospice, or other end-of-life care;

~~(3) The treatment of inpatient hospital patients who are patients who have been admitted to a hospital for more than twenty-four hours; or~~

~~(4) The provision of procedural medications; or~~

~~(5) The treatment of patients in the following facilities:~~

~~(a) Acute care hospitals licensed under Chapter 70.41~~

~~RCW;~~

~~(b) Psychiatric hospitals licensed under 71.12;~~

~~(c) Nursing homes licensed under Chapter 18.51 RCW and nursing facilities as defined in WAC 388-97-0001;~~

~~(d) Long-term acute care hospitals as defined in RCW 74.60.010;~~

~~(e) Residential treatment facilities as defined in RCW 71.12.455; or~~

(5) The treatment of patients in residential habilitation centers as defined in WAC 388-825-089 when the patient has been transferred directly from a facility listed in subsection (4) of this section.

[Statutory Authority: RCW 18.71.017, 18.71.800, 18.71A.800 and 2017 c 297. WSR 18-23-061, § 246-919-851, filed 11/16/18, effective 1/1/19. Statutory Authority: RCW 18.71.450, 18.71A.100, 18.71.017, and 18.71A.020. WSR 11-12-025, § 246-919-851, filed 5/24/11, effective 1/2/12.]

Processing Complaints of Sexual Misconduct Through the Sexual Misconduct Analysis Review Team (SMART)

Introduction

The Washington Medical Commission takes very seriously complaints of sexual misconduct¹ against physicians and physician assistants. Sexual misconduct by physicians and physician assistants causes significant harm to patients and destroys the trust of the public in the profession. The Commission adopted a policy on sexual misconduct in 1992 and adopted rules on sexual misconduct in 2006.

In 2015, the Legislature mandated that all interviews of persons alleging sexual misconduct by a licensed health care provider must be conducted by a person who has successfully completed a training program on interviewing victims of sexual misconduct in a manner that minimizes the negative impact on the victims.² All Commission investigators successfully completed the training.

To improve its handling of complaints of sexual misconduct, the Commission adopts this Procedure to ~~create a team of~~ ensure that Commission members and attorneys ~~to who~~ handle these complaints. ~~The team members will~~ have specialized training in evaluating complaints of sexual misconduct, including an understanding of the impact of trauma on victims.

Creation of Sexual Misconduct Analysis Review Team (SMART)

~~The Commission creates~~ All cases regarding allegations of sexual misconduct will be reviewed by a Sexual Misconduct Analysis Review Team (SMART). ~~SMART will consist of twelve Commission members. Six members will be~~ consisting of one at least one clinical ~~members~~ Commissioner and ~~six will be at least one~~ public ~~members.~~

~~For the case review process³, each of the existing panels will~~ member Commissioner who have both completed the SMART training. This team will also contain ~~six SMART members, three of which are clinical members and three of which are public members. a member of each gender.~~

¹ For the purposes of this procedure, a sexual misconduct case is one in which a practitioner is alleged to have violated RCW 18.130.180(24), WAC 246-918-410 or WAC 246-919-630.

² RCW 18.130.062(2).

³ ~~In the case review process, the Commission breaks into two panels, Panel A and Panel B. Each panel reviews completed investigations and decides whether to take disciplinary action or to close the case.~~

The SMART members will complete training in ~~investigating and evaluating complaints of sexual misconduct by health care providers. If a SMART member leaves~~ trauma-informed sexual assault investigations. Newly appointed Commissioners will be offered the opportunity to complete this training during their tenure on the Commission, ~~another Commission member must complete the training before joining SMART.~~

All Commission staff attorneys ~~must~~should complete the same training before being assigned to a case involving sexual misconduct.

Procedure

1. When a complaint is authorized for investigation, the Commission Medical Consultant will assign two SMART members to serve as reviewing commission members (RCMs), one clinical member and one public member. Both sexes will be represented. These SMART RCMs may direct the investigation of the complaint, communicating with the investigator as needed during the course of the investigation.
2. Upon completion of the investigation, the SMART team will jointly present the case to a panel of the Commission to determine whether to take disciplinary action.
3. If the panel votes to take disciplinary action, the SMART RCMs will direct the settlement process.
4. If the SMART RCMs reach a settlement with the practitioner, they will present the settlement to a panel of the Commission for approval. The practitioner must appear before the panel at the time of the presentation of the settlement and answer questions from the panel members.
5. If the case is not resolved with a settlement, the case will proceed to a formal hearing before a panel of the Commission. The hearing panel will include: at least one SMART member, at least one public member and at least one Commissioner who identifies as female.
 - ~~At least three current Commission members;~~
 - ~~At least one SMART member from the panel that did not order the statement of charges; and~~
 - ~~Both sexes will be represented.~~
6. During the compliance process, the SMART RCMs will continue to manage the case. If a SMART RCM leaves the Commission, the Commission will appoint a SMART member to replace the departing member. The new RCM will have the same traits as the departing member (clinical member or public member).

Date of Adoption: January 13, 2017

Reaffirmed / Updated: ~~N/A~~ July 9, 2021.

Supersedes: None.

Interactive and Transparent Development of Evidence-based Policies and Guidelines

Introduction

The Washington Medical Commission (Commission) develops policiesⁱ and guidelinesⁱⁱ to encourage the medical profession to use best practices to improve the delivery of medical care and enhance patient safety.ⁱⁱⁱ The Commission wishes to better engage the public and the profession by creating an interactive, consistent, and transparent procedure to obtain input to develop evidence-based policies and guidelines.^{iv} The procedure includes an interactive web page that allows the public and the profession to review and comment on the proposed policy or guideline prior to the adoption by the Commission.

Procedure

Step One: Determine the need for a policy or guideline

Any Commission member, member of the medical profession, organization, or member of the public may ask the Commission's Policy Committee to consider developing a policy or guideline in a particular area of medical practice. In general, the Policy Committee will consider developing a policy or guideline for an issue that has broad application to practitioners or the public, to respond to an emerging problem, and to fulfill its regulatory charge to protect the public. The Policy Committee may decide that a policy or guideline is not necessary, or that the subject is more appropriately addressed by adopting a rule, which has the force of law.

If the Policy Committee decides to develop a policy or guideline, the Policy Committee Chair may assign members to a work group to analyze the research and evidence, and to draft the policy or guideline. The workgroup will include one or more Commission members and may include subject matter experts on staff. The workgroup may also include subject matter experts outside the Commission.

The Policy Committee also reviews existing policies or guidelines to ensure that they remain useful and informative, and reflect the current state of medical practice and the current view of the Commission.

Step Two: Research and Obtain Evidence

If the Policy Committee decides to develop a policy or guideline, the next step is to research the topic and obtain evidence that will inform the Commission's decision-making. The research may include:

- Reviewing complaints or other patient experiences related to the topic of the proposed policy.
- Conducting a literature review of the latest journal articles and studies.
- Reviewing the positions of Washington State Medical Association (WSMA), Washington Academy of Physician Assistants (WAPA), Washington State Hospital Association (WSHA), and other organizations in Washington.

- Reviewing the positions of other state medical boards and the Federation of State Medical Boards.
- Identifying and researching relevant legal issues, consulting with the Attorney General's Office as needed.

Step Three: Analysis and Drafting

The work group will analyze the research and evidence, and draft the policy or guideline. For existing policies and guidelines, the workgroup will review feedback submitted to the Commission via the Commission web site or otherwise. The workgroup will create a first draft of the proposed policy or guideline.

Step Four: Policy Committee Review

In a public meeting, the Policy Committee reviews the draft policy or guideline and proposes revisions. The Policy Committee presents the draft to the full Commission. The Commission provides feedback and then may approve posting the draft policy or guideline for public dissemination, including posting the draft on the Commission web site.

Step Five: Solicit Feedback from Public and Profession

Upon approval by the Commission, staff posts the draft policy or guideline to the Commission web site and invites members of the public and the profession to post comments on the proposed draft policy or guideline. The Commission will notify the public and the profession of the proposed policy or guideline by:

- Sending out notice of draft policy or guideline on social media.
- Sending out notice of draft policy or guideline to the Commission listserv.
- ~~Placing notice of draft policy or guideline in the Commission newsletter.~~
- Sending draft policy or guideline to state organizations such as WSMA, WAPA and WHSA.

The Commission accepts comments on the proposed policy or guideline for 28 days. The Commission will have discretion to remove comments that do not contribute to a constructive discussion of the relevant issues.

The Commission staff will periodically place existing policies and guidelines on the Commission's web site. The Commission will ask the public and the profession how the current policy or guideline is working and whether it should be revised to make it more current and useful.

Step Six: Policy Committee Review of Feedback

In a public meeting, the Policy Committee reviews the feedback and comments from the public and the profession. The Policy Committee considers the extent to which the comments represent the expectations of the profession and are consistent with the Commission's mandate to protect the public, and revises the draft policy accordingly.

Step Seven: Secretary Review of Policy

If the document is a policy, Commission staff sends the proposed policy to the Secretary of the Department of Health. The Secretary for the Department of Health is required to review and approve policies. Once approved, policies are filed with the Washington State Code Reviser and are published in the Washington

State Register. Guidelines are not subject to this review. The Policy Committee reviews and discusses the comments from the Secretary in a public meeting. If the Policy Committee revises the proposed policy, the full Commission reviews the proposed policy in a public meeting and may revise the policy. If the Commission revises the policy, the Commission sends the proposed policy back to the Secretary for review.

Step Eight: Final Review and Adoption

Once the Policy Committee is satisfied with the proposed policy or guideline, it refers the draft to the full Commission with a recommendation to adopt the policy or guideline. The full Commission, in a public meeting, discusses the policy or guideline and decides whether to adopt the final version. When the policy or guideline is final, the Commission publicizes it through its web site, social media channels, listserv, and newsletter.

Emergency Exception

In case of an emergency in which the development of a policy or guideline is required in a short time period, one or more of these steps may be waived.

Date of Adoption: October 13, 2014

ⁱ [RCW 34.05.010\(15\)](#) defines “policy statement” as “a written description of the current approach of an agency, entitled a policy statement by the agency head or its designee, to implementation of a statute or other provision of law, of a court decision, or of an agency order, including where appropriate the agency's current practice, procedure, or method of action based upon that approach.” A policy is advisory only. [RCW 34.05.230](#). Examples of Commission policy statements are “Complainant Opportunity to be Heard Through and Impact Statement,” and “Practitioners Exhibiting Disruptive Behavior.”

ⁱⁱ The term “guidelines” is not defined by statute. The Commission defines “guidelines” as “a set of recommended practices designed by the Medical Commission to assist practitioners about appropriate health care for specific circumstances. A guideline does not have the force of law, but may be considered by the Medical Commission to be the standard of care in our state.” Examples of Commission guidelines are “Communication with Patients, Family, and the Health Care Team,” “Simultaneous and Overlapping Elective Surgeries,” and “Treating Partners of Patients with STDs.”

ⁱⁱⁱ This procedure does not apply to the development of procedures, which merely establish the proper steps the Commission and staff take to conduct Commission business. Examples include “Consent Agenda Procedure” and “Processing Completed Investigations More Efficiently.”

^{iv} This process is largely based on the “consultation process” developed by the College of Physicians and Surgeons of Ontario. <http://www.cpso.on.ca/Footer-Pages/The-Consultation-Process-and-Posting-Guidelines>

Staff Reports: July 2021

Melanie de Leon, Executive Director

Staffing Update:

- Melissa McEachron retired on June 30th after 31 years of state service. Mike Hively has been temporarily appointed to her position while we recruit to insure operational continuity. Due to this assignment, Mike may not be able to respond as quickly to your IT issues.
- Mahlet Zeru joins the WMC staff as our new Equity and Social Justice Manager. She will develop, lead and oversee implementation of state, Department of Health (DOH) and WMC initiatives to promote diversity, inclusion, cultural humility, equity, and social justice throughout the commission as well as lead the WMC's efforts to identify, address and mitigate healthcare disparities for Washington patients.
- Kristi Ferguson joined the Investigations Unit on July 1.
- Kayla Bryson is on maternity leave until mid-September after having a healthy baby boy in early June!

Retreat: We are planning a 1-day, in-person retreat for Commissioners during the week of December 6th. Amelia has sent a Doodle poll to get your input on preferred days. **Please respond to this poll.** We are hoping to hold it at Black River in Renton or perhaps around SeaTac to make it more convenient to travelers and those who live in King County.

SMART training: We are planning to also offer a 1-day training for those newer Commissioners who have not yet taken this training so that you can be assigned sexual misconduct cases. We currently have five Commissioners who have not taken this training. We are trying to pair this training with the retreat to make it easier for those who have to travel from Eastern Washington. The SMART training dates are either 12/8 or 12/9 due to the availability of the trainer.

Micah Matthews, Deputy Executive Director

Recurring: Please submit all Payroll and Travel Reimbursements within 30 days of the time worked or travelled to allow for processing. Request for reimbursement items older than 90 days will be denied. Per Agency policy, requests submitted after the cutoff cannot be paid out.

Amelia Boyd, Program Manager

Recruitment

Dr. Harlan Gallinger has been appointed to fill the Congressional District 8 vacancy.

Dr. Claire Trescott has been reappointed for Congressional District 6. Dr. Karen Domino has been reappointed as a Physician-at-Large.

Amelia Boyd, Program Manager, continued

We have a vacancy for a Public Member and the recommendations for that position have been sent to the Governor's office.

On June 30, 2021 we had the following vacancies:

- Congressional District 1 – Jimmy Chung, MD – eligible for reappointment
- Congressional District 7 – Charlotte Lewis, MD – not eligible for reappointment
- Physician Assistant – Theresa Schimmels, PA-C – not eligible for reappointment
- Public Member – Christine Blake – eligible for reappointment

The application deadline for these positions was May 5, 2021. Top candidate interviews have been completed and the recommendations were sent to the Governor's office.

We are also seeking physicians with the following specialties to serve as Pro Tem Members:

- Radiologist
- Psychiatrist

If you know anyone who might be interested in serving as a Pro Tem, please have them email me directly at amelia.boyd@wmc.wa.gov.

Rules

We have several rulemaking efforts in progress. For more information, please see the Rules Progress Report in this packet.

Melissa McEachron, Director of Operations and Informatics

Subpoenas for Records and other Compulsory Records Responses: Kudos to Kathy Franks, Sherrise Martin, and Nick Morris. This team really accelerated production to eliminate the subpoena backlog. They fulfilled the subpoena or released installments to the Drug Enforcement Administration, the Department of Justice, 3 Law Firms, the Office the Inspector General, and the Office of the Attorney General, Medicare-Medicaid Fraud Unit. We anticipate the unit will complete all remaining installments by July 31, 2021.

Accomplishments include:

- Reviewing and redacting over 30,000 pages;
- Releasing 46 cases/applications files and 1 data request; and
- Assembling 15 case files for and assisting Medicare-Medicaid Fraud Unit investigators (MOU) with a file review.

New Subpoenas Received: 1 new subpoena arrived last week.

Archiving: Electronic files from Case Management Team meetings are prepared for archiving weekly. In addition, we started the digital archiving process for licensing applications.

Demographics: Staff members continue to enter Demographic census information into ILRS daily.

Morgan Barrett, MD, Medical Consultant

This is the result of a voluntary survey of 35 Respondents that chose to complete questions about their experience in the Compliance Program.

The Compliance Team treated me with dignity and respect throughout my term:

Strongly Agree 83%

Agree 14%

Neutral 3%

The Compliance Team promptly and appropriately addressed my questions and concerns:

Strongly Agree 78%

Agree 15%

Neutral 4%

Disagree 3%

The Compliance Orientation conference call and PowerPoint helped me clearly understand my sanction requirements:

Strongly Agree 57%

Agree 37%

Neutral 2%

Disagree 2%

Respondent Comments:

"I would like to thank all the members who helped me through the process."

"This went more smoothly than I ever could have imagined possible."

"I appreciated that Mike was available in both formal and informal ways to answer my question."

"I am grateful that there is compliance team available, and I found the Washington Compliance team very helpful."

"The Compliance Team is the saving grace of the entire process of dealing with the Commission."

"I appreciated many things. First and most important was the respect and cooperation I felt from my first moment of contact with the team."

George Heye, MD, Medical Consultant

Nothing to report.

Rick Glein, Director of Legal Services

Staff Updates:

Staff Attorney Richelle Little begins her new position as an Assistant Attorney General on July 1. We're grateful to Richelle for her passion and dedication to the Commission and wish her much success in the next chapter of her career at the Government Compliance and Enforcement (GCE) Division of the Attorney General's Office. GCE handles the litigation of various health profession cases, including the Commission's disciplinary matters.

Lynnel Miller joined the Legal Unit on June 16 as a Paralegal 1. Lynne comes to us from our DOH colleagues in the Office of Investigative and Legal Services (OILS) and is already familiar with the health profession disciplinary process. Lynne has also worked as a paralegal in a private practice firm and the Kitsap County Prosecutor's Office. Warmest of welcomes to Lynne!

Orders Resulting from SOC's:

In re Roland Green, MD, Case No. M2020-1037. Agreed Order. On December 22, 2020, a Health Law Judge (HLJ), by delegation of the Commission, ordered that Dr. Green's medical license be suspended pending further disciplinary proceedings. The Statement of Charges (SOC) alleges that Dr. Green entered into a Surrender Order with the New York State Board for Professional Medical conduct wherein Dr. Green surrendered his New York medical license while under investigation for unprofessional conduct. On May 14, 2021, the Commission approved an Agreed Order in which Dr. Green's license remains suspended. Dr. Green may petition to terminate the Agreed Order no sooner than three years, and the Commission may impose other requirements on Dr. Green upon reinstatement.

In re Jessica Wolin, MD, Case No. M2020-699. Agreed Order. On January 28, 2021, a HLJ, by delegation of the Commission, ordered that Dr. Wolin's medical license be suspended pending further disciplinary proceedings. The SOC alleges that, in July 2020, the Michigan Department of Licensing and Regulatory Affairs Board of Medicine issued a Consent Order suspending Dr. Wolin's license to practice indefinitely based on Dr. Wolin's diversion of controlled substances from her employer hospital. On May 14, 2021, the Commission approved an Agreed Order which ended the summary suspension, but her medical license remains expired. The Commission maintains oversight over Dr. Wolin's license, and she may petition to terminate the Agreed Order upon completing a Minnesota Health Professionals Services Program (HPSP). The anticipated completion date is November 12, 2025. Dr. Wolin must notify the Commission if she decides to engage in practice within Washington state and participate in an assessment with Washington Physician Health Program if she has not completed the Minnesota program. Dr. Wolin may petition to terminate the Agreed Order upon completion of the HPSP and endorsed as safe to practice.

In re Timo W. Hakkarainen, MD, Case No. M2019-877. Final Order.* The Commission initially served a SOC in this matter on September 9, 2020. The Commission served an Amended SOC on March 26, 2021, alleging that Dr. Hakkarainen's medical care of a patient fell below the standard. A virtual hearing was held in this matter April 26-27, 2021, regarding the

Rick Glein, Director of Legal Services, continued

merits of the Amended SOC. A Final Order was issued on May 25, 2021, which dismissed the allegation of unprofessional conduct.

In re Julia Barnett, MD, Case No. M2019-821. Final Order.* On November 16, 2020, the Commission summarily suspended Dr. Barnett's medical license pending further disciplinary proceedings. The Statement of Charges alleges that Dr. Barnett violated the standard of care in her management of patients as the medical director of a correctional facility. A virtual hearing was held in this matter January 28-30, February 13, and February 20, 2021 regarding the merits of the SOC. A Final Order was issued on May 25, 2021, which concluded the Commission proved by clear and convincing evidence that Dr. Barnett committed unprofessional conduct under RCW 18.130.180(4) (incompetence, negligence, or malpractice which results in injury to a patient or which creates an unreasonable risk that a patient may be harmed) and RCW 18.130.180(14) (failure to adequately supervise auxiliary staff to the extent that the consumer's health and safety is at risk). The Final Order concluded that the Commission did not prove by clear and convincing evidence that Dr. Barnett committed a violation under RCW 18.130.180(1) (commission of any act involving moral turpitude, dishonesty, or corruption relating to the practice of a person's profession, whether the act constitutes a crime or not). The Final Order indefinitely suspends Dr. Barnett's medical license.** Prior to petitioning for reinstatement, Dr. Barnett must complete a competency assessment, multidisciplinary forensic assessment, and ethics course. Dr. Barnett filed a Petition for Reconsideration on June 4, 2021.

In re Simon Elloway, MD, Case No. M2019-260. Final Order.* A SOC was filed on January 22, 2020, alleging Dr. Elloway is unable to practice with reasonable skill and safety. On August 6, 2020, the Commission summarily suspended the license of Dr. Elloway. The Commission authorized the summary suspension based on the results of a neuropsychological evaluation. A hearing took place on August 27, 2020, regarding the merits of the SOC. A Final Order was issued on June 16, 2021, concluding that the Commission proved by clear and convincing evidence that Dr. Elloway is unable to practice with reasonable skill and safety and ordered that Dr. Elloway's medical license be indefinitely suspended.**

*Either party may file a petition for reconsideration within ten days of service of the order. RCW 34.05.461(3); 34.05.470. A petition for judicial review must be filed and served within 30 days after service of the order. If a petition for reconsideration is filed, the 30-day period does not start until the petition is resolved. RCW 34.05.542; 34.05.470(3).

**A person whose license has been suspended under chapter 18.130 RCW may petition the disciplining authority for reinstatement. RCW 18.130.150.

Virtual Hearings:

In re Kang Lu, MD, Case No. M2019-822. On October 23, 2020, the Commission summarily suspended the medical license of Dr. Lu and simultaneously filed a SOC. The Commission filed an Amended SOC on December 15, 2020, alleging that on or about March 6, 2020, the

Rick Glein, Director of Legal Services, continued

Board of Registration in Medicine for the Commonwealth of Massachusetts (Board) issued a Final Decision and Order that revoked Dr. Lu's Massachusetts medical license. The Board's decision was based on Dr. Lu's false answers to the Board regarding criminal charges against him when he renewed his license in 2017 and 2019. A virtual hearing was held on June 28, 2021, regarding the merits of the Amended SOC. The Commission delegated decision-making authority in this case to the HLJ for the Final Order. A Final Order is expected to be issued by the end of September 2021.***

***The HLJ has 90 days after the conclusion of the hearing to issue a decision.

Mike Farrell, Policy Development Manager

Nothing to report outside of the items on the policy committee agenda and the rules process.

Freda Pace, Director of Investigations

New addition to the Investigative Unit:

July 1 – Kristi Ferguson joined the commission as our newest non-clinical investigator. She will be filling a vacancy once held by Bonita James who retired in March 2021.

Kristi comes to us with a Bachelor's Degree in Communications/Psychology with a Criminal Justice emphasis. Most recently she spent three years working at DSHS, within Adult Protective Services conducting investigations involving allegations of abuse and neglect of vulnerable adults. She also has work experience with the Washington State Patrol (WSP), Utilities and Transportation Committee, Liquor & Cannabis Board, Fish and Wildlife and Alaska State Troopers/DEA, and the State of Alaska Courts.

We're lucky to have Kristi on our team and look forward to building relationships and leveraging her skills and abilities to further our mission to protect the public.

Complaint Intake stats:

	May 2020		May 2021	
	#	%	#	%
New Cases	117		142	
Authorized	20	17.09%	42	29.58%
Closed	97	82.91%	100	70.42%

May saw an increase of complaint submissions by 21.37% over May 2020. We had an increase of 12.49% of cases authorized for investigation in May.

Reminder: Please visit our CMT Signup sheet to fill vacancies beginning in May throughout the remainder of the year. If you have any questions about the signup process, please reach out to Chris Waterman at chris.waterman@wmc.wa.gov. If you have any other concerns related to CMT or Investigations, please do not hesitate to reach me at freda.pace@wmc.wa.gov.

Jimi Bush, Director of Quality and Engagement

Quality

- *Changes to PA practice* - Some of the changes to Physician Assistant practice are effective July 1. We have developed model practice agreements, practice agreement amendments, terminations and updating the practice agreement portal on the website. We have done all of this to streamline the process for our physician assistant licensees. If you have any feedback or hear anything we can improve on at your organization, please let me know.
- *On Hold Procedure* – we have recently updated the on hold procedure to be more accountable and transparent. As a result, if you request that a case be placed on hold, please be very clear with your investigator or staff attorney as to WHY this request is being made.
- *FY2021 Performance Report* – the fiscal year comes to a close on July 1, we will begin developing our annual report after that date, if there is a specific topic or question you would like us to address, please let me know.

Engagement

- *Thank you* to Dr. Trescott, Mr. Anderson and Ms. Schimmels for helping me host a variety of webinars and Coffee with the Commissions to educate providers and residents.
- *Conference* – we will not be holding an in person conference this year, but we will continue to offer education in any way we can. Please contact me if you have a topic or speaker suggestion.
- *Have you presented on behalf of the commission?* - If you have made a presentation or been part of a panel, as a commission member, please complete the [Speakers Bureau Follow Up form](#). This helps us track our engagement efforts. If I organized your presentation, I have already completed the form, so you do not need to complete the form.
- *Coffee with the Commission* – Have you ever received a notification letter from the WMC? I would like to have a coffee with the commission that discusses what it was like for you to receive that letter. I want to show the 'human' side of the commission, so if you are interested in discussing your experience in an informal setting, please let me know.

Marisa Courtney, Licensing Manager

Total licenses issued from 05/01/2021-06/30/2021: 1185

Credential Type	Total Workflow Count
Physician And Surgeon County/City Health Department License	0
Physician And Surgeon Fellowship License	5
Physician And Surgeon Institution License	0
Credential Type	Total Workflow Count
Physician And Surgeon License	445

Marisa Courtney, Licensing Manager, continued	
Credential Type	Total Workflow Count
Physician and Surgeon License Interstate Medical Licensure Compact	70
Physician And Surgeon Residency License	372
Physician And Surgeon Teaching Research License	3
Physician And Surgeon Temporary Permit	198
Physician Assistant Interim Permit	4
Physician Assistant License	66
Physician Assistant Temporary Permit	22
Totals:	1185

Information on Renewals: May Renewals: 73.44% online renewals

Credential Type	# of Online Renewals	# of Manual Renewals	Total # of Renewals
IMLC	0	37	37
MD	872	326	1198
MDFE	2	0	2
MDRE	166	23	189
MDTR	5	5	10
PA	130	34	164
	73.44%	26.56%	100.00%

Panel A Personal Appearance Agenda

Friday, July 9, 2021

In response to the COVID-19 public health emergency, and to promote social distancing, the Medical Commission will not provide a physical location for these meetings. Virtual public meetings, without a physical meeting space, will be held instead.

Please join this meeting from your computer, tablet or smartphone:

<https://global.gotomeeting.com/join/243475405>

Panel Members: Jimmy Chung, MD, Panel Chair Scott Rodgers, Public Member
James Anderson, PA-C Robert Small, MD
Charlie Browne, MD Richard Wohns, MD
Charlotte Lewis, MD Sarah Lyle, MD
Yanling Yu, PhD, Public Member Harlan Gallinger, MD

Compliance Officer: Anthony Elders

9:45am	Ona L. Schulz, PA-C Attorney: Elizabeth L. Leedom	M2018-641 (2017-15717) RCM: James Anderson, PA-C SA: Trisha Wolf
10:30am	David Anderson, MD Attorney: Pro Se	M2019-254 (2018-11948) RCM: Yanling Yu, PhD SA: Rick Glein
11:15 a.m.	Chester C. Hu, MD Attorney: Scott O'Halloran	M2017-645 (2017-2783) RCM: Charlotte Lewis, MD SA: Ariele Page Landstrom
Lunch Break		
1:15 p.m.	Maria T.O. Trevino, MD Attorney: Pro Se	M2018-831 (2017-749) RCM: Charlotte Lewis, MD SA: Rick Glein
2:00 p.m.	Patrick E. Ryan, Jr., MD Attorney: Christopher H. Anderson	M2018-316 (2017-16379) RCM: Jimmy Chung, MD SA: Mike Farrell
2:45 p.m.	Donald D. Lasselle, MD Attorney: Pro Se	M2019-86 (2018-10635) RCM: Charlie Browne, MD SA: Kyle Karinen

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Panel B Personal Appearance Agenda

Friday, July 9, 2021

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Please join my meeting from your computer, tablet or smartphone:

<https://global.gotomeeting.com/join/345525861>

Panel Members: April Jaeger, MD, Panel Chair
Toni Borlas, Public Member
Diana Currie, MD
Karen Domino, MD
Christine Hearst, Public Member
John Maldon, Public Member
Terry Murphy, MD
Alden Roberts, MD
Theresa Schimmels, PA-C
Claire Trescott, MD

Compliance Officer: Mike Kramer

9:45am	Warren L. Dinges, MD Attorney: Francis Schopick	M2017-668 (2017-7645) RCM: John Maldon, Public Member SA: Colleen Balatbat
10:30am	Marlow Macht, MD Attorney: Scott G. O'Donnell	M2019-237 (2018-9428) RCM: April Jaeger, MD SA: Kyle Karinen
11:15 a.m.	Brian J.Y.Fung, MD Attorney: Philip J. VanDerhoef	M2019-1114 (2019-9144) RCM: April Jaeger, MD SA: Kyle Karinen
LUNCH BREAK		
1:15 pm	Maheesh Karandikar, MD Attorney: Carol Sue Janes	M2020-494 (2020-2483) RCM: Alden Roberts, MD SA: Ariele Page Landstrom
2:00 pm	Kevin R. Zimmerman, MD Attorney: Jessica M. Creager	M2020-407 (2018-17640) RCM: Karen Domino, MD SA: Ariele Page Landstrom
2:45 pm	Nilesh N. Shah, MD Attorney: Eric A. Norman	M2020-66 (2019-7868) RCM: Alden Roberts, MD SA: Ariele Page Landstrom

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